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| --- | --- |
|  | **Cat Alston #2** |
| **Position:****Birth Mo/Year:****High School:** | OUTFIELDJanuary 2009Rocklin High School |
| ATHLETIC INFORMATION |
| **Bats:** Left | **Throws:** Right | **Home to 1B:** 2.78 |  |
| ACADEMIC INFORMATION | **NCAA Clearinghouse #:**  ########## |
| **GPA Weighted:** 4.0 **/ Unweighted:**  4.0 | **SAT:** #### | **ACT:** ## |
|  |  |
| **2027** | **LTG Lions 14U Henderson/Buck** |
|  |  |
| CONTACT INFORMATIONP. (916) 412-1598E. Catbird.alston@gmail.comHEAD COACH / LIAISON**Joe Henderson**P. (916) 947-7331E. joehenderson@frontiernet.net **Amanda Buck**P. (916) 479-5048E. ltgbuck@gmail.com**SPECIALTY COACHES****Hitting:**Darin DelgadoEACC. (916) 717-4490**Speed & Agility:**Lisa DelgadoAR SoftballC. (916) 759-8517**Pitching:**Michelle Graingerc. (916) 296-1655 | **Athletic Accomplishments*** PGF Nationals 2019,2021,2022,2023
* PGF Nationals premier birth winner 2021
* TC Colorado sparkler 2021,2023
* USA Softball All American games OKC 2022

ACADEMIC ACCOMPLISHMENTS* 2022-23 - GPA 4.0

**Community Service****travel ball history*** 2023-Current: LTG Lions 14U Buck, Elk Grove
* 2022-2023: Hype 14U
* 2020-2022: Hype 12U
* 2019-2020: Rocklin Rebels 10U
* 2018: Rocklin Thundercats 10U
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